

Race Information

MARVEL HUMAN Quadrathlon Middle Dist, WQF World Cup Race

Base Aqualoisir, Seyssel, Ain,
France

22.06.2025



Version: 06.03.2025

Distance

1,5k Swim – 37k Cycle - 8k Kayak – 10k run

Organizer

- Savoie Sports Organisation.
- Emeline PLATEL, Samba NGWANA
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- +33 7 6920 9778
- www.marvelhuman.com

Race location

- Base Aqualoisir, Seyssel, Ain, France
- Google Maps : <https://maps.app.goo.gl/kaNJUbheTYNGmUSN9>

Categories

- Solo (Age Groups after WQF Rules)
- Teams options :
 - o **Quadrathlon M - Équipe en relais or Quadrathlon M - Duo ou Trio (2 ou 3 équipiers fais ensemble, en simultané)** : (Teams classification respectively)
- Awards: Finisher medals to all participants
- Special podium prizes for 1-3 places overall ranking
- Special podium prizes for the 1st Male and female per age group

Timetable : <https://marvelhuman.com/programme/>

Sunday, June 22, 2025

Quadrathlon M,

- 7:45 a.m. – 8:45 a.m.: Bib collection, Opening of the bike park.
- 8:45 a.m.: Briefing before the start

- 9:00 a.m.: Start of Quadrathlon M
- **No cut off time**
- 12:15 p.m. – 3:00 p.m.: Bikes taken out of the transition area
- 3:00 p.m. – Word from the Town Hall, Podium ceremony and awards.
- 3:00 p.m. – End of the race; Quadrathlon M
- 3:00 p.m. – Start of Marvel kids: 9 – 12 years old
- 3:30 p.m. – Start of Marvel kids: 13 – 15 years old
- 4:00 p.m. – End of the race

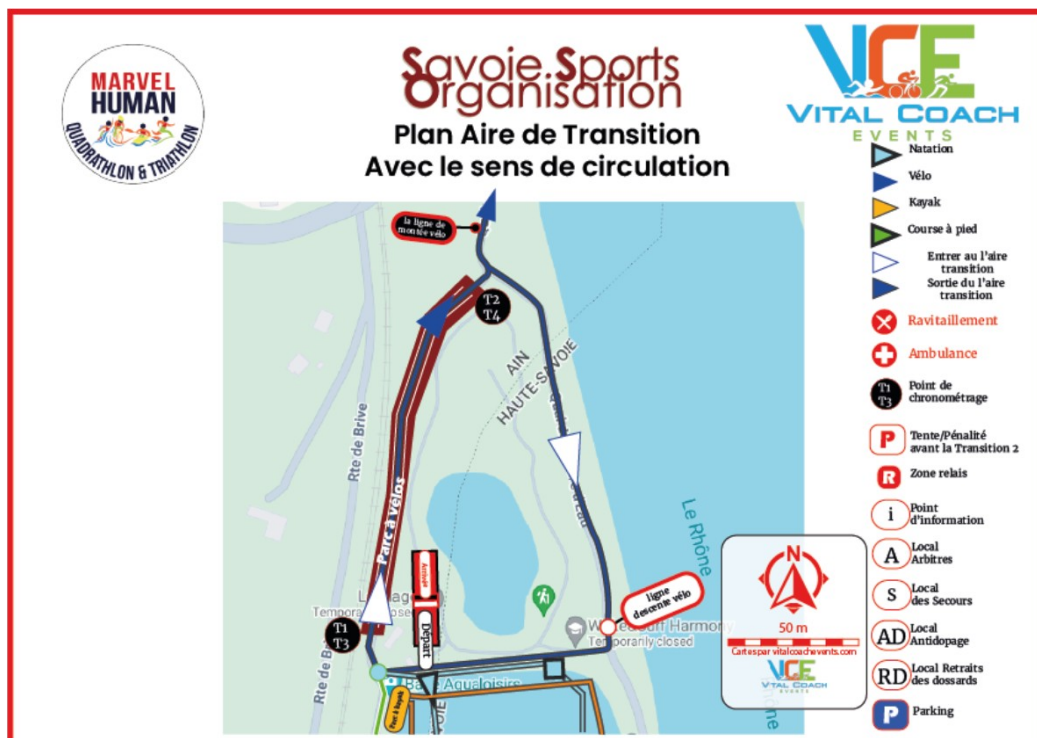
Registration.

- Registration deadline: 20 June 2025
- Registration page: <https://in.njuko.com/marvel-human-seyssel-2025>
- Starting list: <https://in.njuko.com/marvel-human-seyssel-2025>
- Results after the race: <https://marvelhuman.com/resultats/>

Maps

- Swimming in Base Aqualoisir : 750m x 2 lap - counterclockwise
- Cycling on the roads: 37 km (+270m) on open roads with flagmen at each interception.
- Kayak: on Rhône, 8 km (2 x 4 km laps)
- Running on the side trail of the Rhône : 1x10 km lap
- Water currents can be rather strong for kayaking in the return direction in case of poor weather conditions!

Transition:



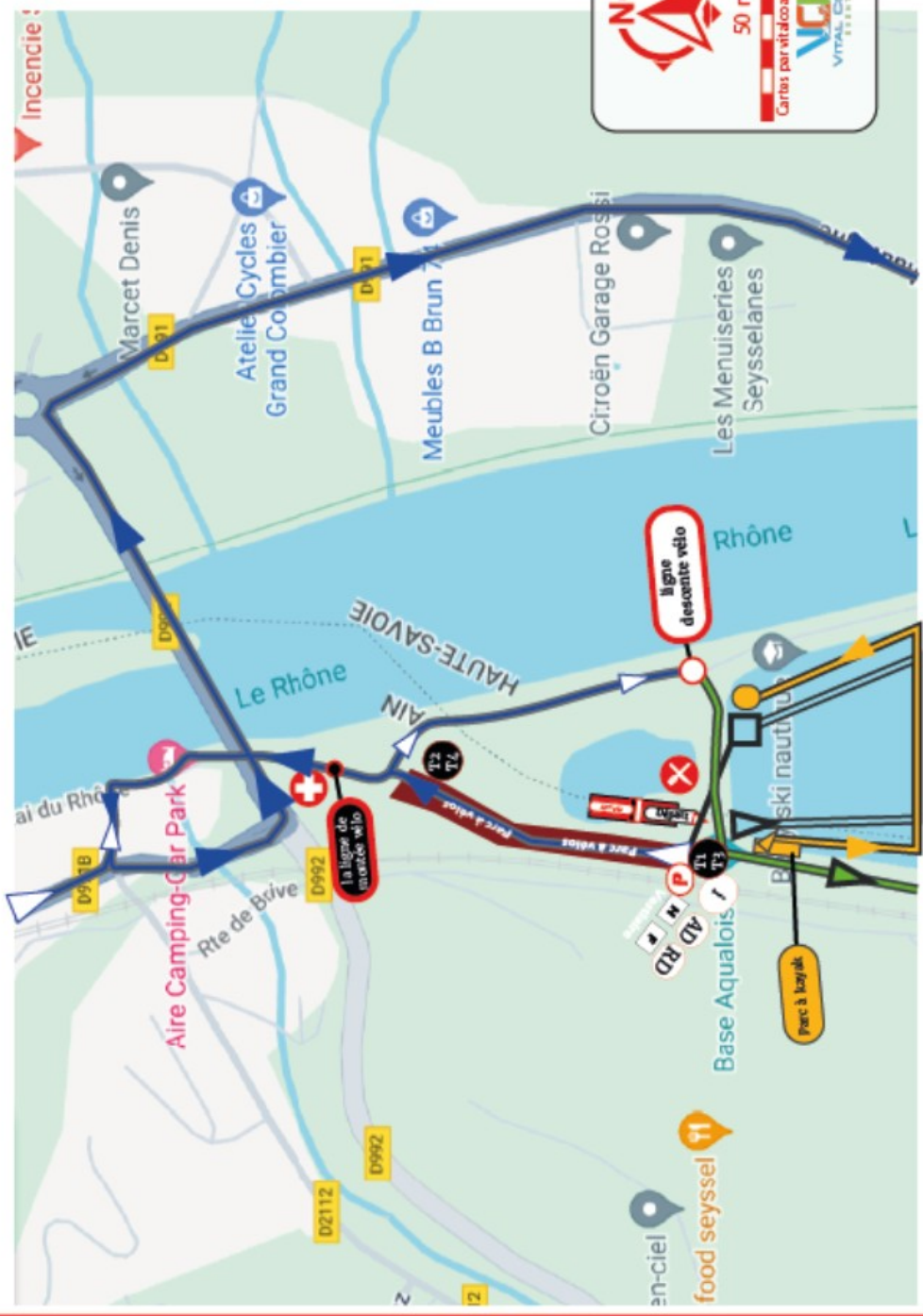


Savoie Sports Organisation

Plan général du site



- Natation
- Vélo
- Kayak
- Course à pied
- Entrer au l'aire transition
- Sortie du l'aire transition
- Ravitaillement
- Ambulance
- Point de chronométrage
- Tente/Pénalité avant la Transition 2
- Zone relais
- Point d'information
- Local Arbitres
- Local des Secours
- Local Antidopage
- Local Retraits des dossards
- Parking

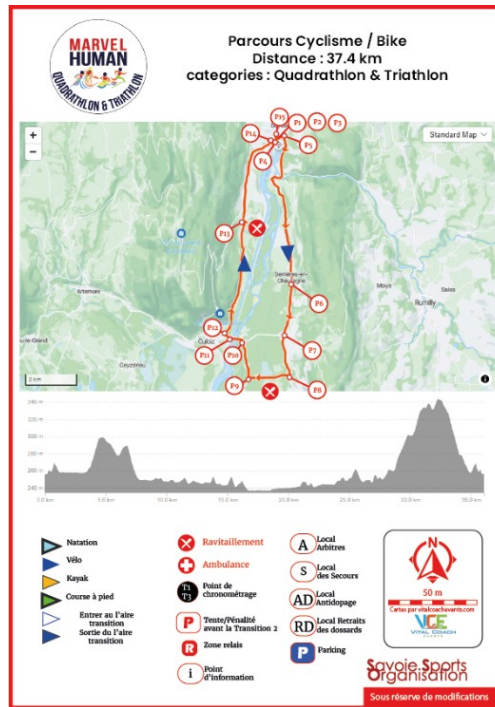


Cartes par vitalcoachevents.com

Swim :



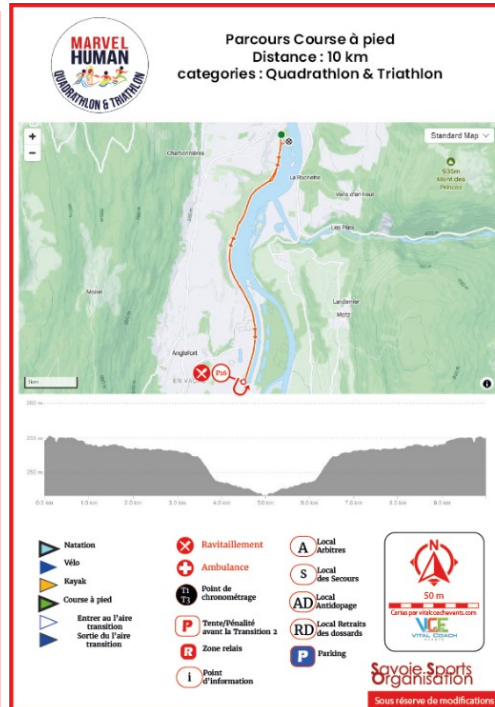
Bike:



Kayak:



Run:



Refreshment

Refreshment in the event village and on the routes : bike and running.

Rules

- The race is under the rules of the WQF: <https://www.quadrathlon-online.de/wqf/WQF-Sport-Order.pdf>
- Organisers rules : <https://marvelhuman.com/reglement-du-mh-quadrathlon-et-triathlon/>
- Abstract:

- No-Drafting at the bike
- Helm must close at the bike
- no crossing of the middle line at the bike
- no race-number under the wetsuit
- not to throw anything away
- Life jacket is not mandatory. Participants have the choice of put on one or not.

Others

- This event is a full weekend of racing with Semi-marathon, 10 km run and 750m kids race on Saturday 21 June 2025 and on Sunday 22 June 2025: Quadrathlon-M, Triathlon M and Marvel kids Triathlon. Bring your friends and family. There is a race for all ages.
- The race is organised together with a Middle-distance triathlon race. Start is separated from the triathlon by 5 minutes.
- Individuals (Male and Female) and relays start at the same time. Individual competitors can be members of a relay team.
- Toilet, washbasin, cold water shower available on the site

SEYSSEL
MARVEL HUMAN
H

21 juin 2025
MARVEL HUMAN
SEMI-MARATHON
10 K
MARVEL HUMAN
Course jeunes

22 juin 2025
MARVEL HUMAN
QUADRATHLON
MARVEL HUMAN
TRIATHLON
MARVEL KIDS
TRIATHLON

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